

COUNSELING SERVICES

Providers in Norfolk	
Adela S. Roxas, Ph.D., LLC 5660 E. Virginia Beach Blvd., Ste. 202 Norfolk, VA 23502 (757) 296-0694	Cheryl Cox 1709 Colley Ave. Norfolk, VA 23517 (757) 490-5500
CHKD Child Abuse Program 935 Redgate Ave. Norfolk, VA 23507 (757) 686-6100	Churchland Psychological Center 1709 Colley Ave., Ste. 310 Norfolk, VA 23517 (757) 483-3404 <i>(Most insurances accepted. Counseling and evaluation for substance abuse)</i>
Community Psychological Resources 919 21 st St. Norfolk, VA 23517 (757) 622-6794	EVMS Health Services 825 Fairfax Ave., Ste. 710 Norfolk, VA 23507 (757) 446-5888
Finney Zimmerman Associates 324 Louisa Ave., Ste. 125 Virginia Beach, VA 23454 (757) 351-6400 www.psych-therapy.com/ (Insurance Accepted: Anthem and Optima)	Hampton Roads Behavioral Health 1500 E. Little Creek Rd., Ste. 250 Norfolk, VA 23518 (757) 587-4744 www.hrbhgroup.com
Judith Saxon, Ph.D. Granby St. Norfolk, VA (757) 850-9785 <i>(leave a voicemail)</i>	Lafayette Psychiatric Associates 160 Kingsley Ln., #204 Norfolk, VA 23505 (757) 489-4700
Norfolk Psychiatric Associates 6353 Center Drive, #204 Norfolk, VA 23502 (757) 461-3313 (Insurance/some cash pay) <i>(Therapy @ age 11./Med. Mgmt. @ age 16)</i>	Psychotherapy Resources-Norfolk 1709 Colley Ave., #312 Norfolk, VA 23517 (757) 640-0400
The UP Center 222 West 19 th St. Norfolk, VA 23517 (757) 622-7017 ext. 112 (757) 965-8652 (Direct # to Jessica) Fax: (757) 640-8402	Watermark Psychological Services 821 W. 21 st St., Ste. 206 Norfolk, VA 23517 (757) 349-8832